Dear Greenway Yogis,

In light of the growing concern of Corona Virus we want to assure you that we are taking all precautions to keep our community and studio safe and healthy. We ask that you, as students, take extra precautions with us.

As of this week, we have equipped the studio with extra hand sanitizer, Lysol spray, and Clorox wipes.

What we are doing:

- Props: We are spraying all blankets, bolsters, and straps with Lysol disinfectant. As well as wiping down mats and blocks as they are used.
- On a more frequent basis, we are disinfecting surfaces, the bathroom, and floors.
- Teachers will limit hands-on adjustments as needed and make sure that we are providing any and all modifications to keep you safe.

What you can do:

- Most importantly, if you are at all feeling sick or under the weather, we ask that you stay home and take care of yourself.
- If you chose to use props, please spray/wipe with either Clorox wipes and Lysol spray after use.
- If you frequently borrow a mat, **please** consider bringing your own. We also have mats for sale. Ask an instructor for assistance.
- Respect that some people may not want to hug, high-five, handshake etc. at this time. Consider "foot shaking" or hip bumps to greet friends. Any other creative ideas?

We ask that you follow us on <u>Facebook</u> and Instagram to stay up-to-date with any class substitutions or cancelations. We, as always, will work extra hard to keep classes as scheduled but know keeping our teachers and students healthy is the utmost priority and things could change last minute.

With light and love, we THANK YOU all for your support and understanding.

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